

TITLEIST PERFORMANCE INSTITUTE SERVICES

JOI REHABILITATION
SPORTS CENTER
LOCATED AT:

1325 SAN MARCO BLVD.
SUITE 102A
JACKSONVILLE, FL 32207
904.391.6955



TITLEIST
PERFORMANCE
INSTITUTE



TITLEIST PERFORMANCE INSTITUTE SERVICES

TITLEIST PERFORMANCE INSTITUTE (TPI) SERVICES AT THE SPORTS CENTER WILL BE PERFORMED AND DIRECTED BY OUR EXPERIENCED TPI CERTIFIED PROFESSIONAL AND OUR SPORTS MEDICINE TEAM THAT IS ABLE TO WORK DIRECTLY WITH YOUR PHYSICIAN, COACH, AND/OR PRO TO COORDINATE YOUR PROGRESS. TPI SERVICES ARE FOCUSED ON REDUCING RISK OF INJURY, RETURN TO PLAY AFTER AN INJURY, AND INCREASING THE ABILITY TO PLAY GOLF AT AN OPTIMAL LEVEL. BY DETERMINING DEFICITS THROUGH A TPI SCREEN, TREATMENT PLANS ARE ABLE TO BE INDIVIDUALIZED TO THE SPECIFIC NEEDS OF A PATIENT OR PLAYER.

PACKAGES:

THE CADDY:

\$150

- INITIAL TPI SCREENING SESSION
- FOLLOW UP SESSION TO REVIEW FINDINGS FROM TPI SCREEN, GIVE RECOMMENDATIONS BASED ON FINDINGS, AND INITIATE EXERCISES FOCUSED ON RECOMMENDATIONS

THE FRONT NINE:

\$200

- INITIAL TPI SCREENING SESSION
- FOLLOW UP SESSION TO REVIEW FINDINGS FROM TPI SCREEN, GIVE RECOMMENDATIONS BASED ON FINDINGS, AND INITIATE EXERCISES FOCUSED ON RECOMMENDATIONS
- 2 TRAINING SESSIONS FOCUSED ON INDIVIDUALIZED RECOMMENDATIONS

THE BACK NINE:

\$250

- INITIAL TPI SCREENING SESSION
- FOLLOW UP SESSION TO REVIEW FINDINGS FROM TPI SCREEN, GIVE RECOMMENDATIONS BASED ON FINDINGS, AND INITIATE EXERCISES FOCUSED ON RECOMMENDATIONS
- 4 TRAINING SESSIONS FOCUSED ON INDIVIDUALIZED RECOMMENDATIONS

THE CHAMPIONSHIP:

\$350

- INITIAL TPI SCREENING SESSION
- FOLLOW UP SESSION TO REVIEW FINDINGS FROM TPI SCREEN, GIVE RECOMMENDATIONS BASED ON FINDINGS, AND INITIATE EXERCISES FOCUSED ON RECOMMENDATIONS
- 8 TRAINING SESSIONS FOCUSED ON INDIVIDUALIZED RECOMMENDATIONS

A LA CARTE SERVICES:

TRAINING PROGRAM SESSION BASED ON INDIVIDUALIZED RECOMMENDATIONS:

\$50